

Food Security is a growing issue in NSW and Australia.

- The cost of staple and healthy food is rising
- Healthy food is already inaccessible to 6.2% of NSW residents, and more in the Illawarra
- Obesity levels are high; diabetes is affecting Australians at younger ages
- We are losing productive agricultural land on the urban fringe
- Climate change is impacting food production, and Australia's capacity to feed itself
- Current food production and consumption systems significantly contribute to our ecological footprint



What can we do to address this problem?

The NSW Food Summit is an opportunity for concerned individuals, community organisations, government and industry to demonstrate leadership and to frame a state-wide food policy that will:

- Provide fair access to affordable and nutritious food
- Further develop sustainable food systems
- Support successful strategies to meet the challenges of climate change

The Illawarra Regional Forum

9am – 11.30am

Provide **keynote speakers** to discuss local, state, national and international responses to food security.

11.30am – 1.30pm

Involve participations in **discussion groups** to provide input to the NSW Food Summit on four key themes:

- Access to healthy food: facilitated by **Frank Wallner, Healthy Cities Illawarra**
- Planning for a healthy food supply: facilitated by **A/Prof Susan Thompson**
- Health and food safety: facilitated by **A/Prof Heather Yeatman**
- Sustainable agriculture: facilitated by **Howard Jones**

Showcase innovative local projects promoting sustainability and access to healthy food.

Collate regional feedback for inclusion in the NSW Food Summit, 22-23 October 2009

Morning Tea and refreshments will be served.



Food Fairness Illawarra in association with the Sydney Food Fairness Alliance invites you to

Hungry for Change: NSW Food Summit

Illawarra Regional Forum

9am – 1pm Wednesday 1st July 2009
University of Wollongong

On 22-23 October this year, the Sydney Food Fairness Alliance will host the NSW Food Summit. This summit will be the culmination of events across the Greater Metropolitan Sydney area, including the Illawarra.

This is your opportunity to contribute to the future of a safe, fair and sustainable food system in NSW.

Join speakers including celebrated nutritionist and food advocate **Dr Rosemary Stanton**, planning expert **Associate Professor Susan Thompson** (UNSW), **Andrew Carfield** (Director Planning and Environment, Wollongong City Council), **Clr Sandra McCarthy** (Mayor, Kiama Council). MC will be **Associate Professor Heather Yeatman**



Venue

Main foyer, Building 41 (opposite Sports Centre) University of Wollongong
Free public transport available on the Green Bus, or see map for parking options

Register

Download a registration form from: www.healthyillawarra.org.au
Phone the Healthy Cities Illawarra Office on 02 4226 5000
Email Jenny Norman at: jennyn@healthyillawarra.org.au

Pre-reading and Submissions

If you are not able to come on the day, please make a submission so that your voice is heard Pre-reading is available from the FFI email list, or from the Healthy Cities website

Details